

CAREER & WORKPLACE

# Sam Vaughn of BestSelf Behavioral Health and Counseling Center Group of NY



Sam Vaughn

MARK MULVILLE

By Hassan Green and Michelle Cioci Adams  
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**Sam Vaughn** is program director of the Child Advocacy Center at BestSelf Behavioral Health and a DBT clinician at Counseling Center Group of New York.

It would be hard to measure the number of people Vaughn has been able to help with his work. Connecting with and helping people who are struggling is what truly makes Vaughn special.

He helped to develop one of the first prison advocacy hotlines in the nation. At BestSelf, he is responsible for the operations and clinical oversight of a state-certified child/ adolescent clinic.

He is a founding member of the Older Adult Case Conference, served as an advocate for elder/adult sexual assault survivors and has worked as a program supervisor at Endeavor Health services.

Vaughn lives and breathes social work, and it's shown through his time supervising college students. He's also a 2020 Field Educator Special Recognition Award Winner at the University at Buffalo.

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## **Sam Vaughn**

*Program director, Child Advocacy Center at BestSelf Behavioral Health / DBT clinician, Counseling Center Group of NY*

**Age:** 29

**Born in:** Syracuse

**Lives in:** Buffalo

**Spouse:** Ryan

**College:** B.A., Binghamton University; MSW, University at Buffalo

**Graduate of:** Mexico Academy and Central Schools

**Before I'm 40, I want to:** Make a measurable difference for my community and city.

**Community involvement:** Volunteer MSW field educator, University at Buffalo School of Social Work, Columbia SSW and Daemen SSW

**Strategy to balance work and personal life:** Find passion in what you do, but remember it's what you do, that allows you to live how you want. And/or marry a strong, patient and loving spouse.

**Secret talent:** Good listener

**Hobbies:** Spending time and eating out with friends - we all live in the same ZIP code, going to Bisons games, watching movies, puzzles

**People don't know:** I will watch too much YouTube, given the chance.

**Self-description:** Me